



# HEALTHY START

## What Children Need to Succeed

### SERVICE COUNT 2013-2014

**HEALTHY START's** mission is to link or connect student, family and community needs to resources. **HEALTHY START** measures the quality and quantity of its work in a number of ways including the tallying and tracking the successful connections made to resources.

Last school year **HEALTHY START** did the following as well as much more for its 101 schools:

**Referrals to basic needs** and supports such as free food, temporary housing, bus tokens, free school uniforms and other clothing

- 57,846 Students
- 29,607 Families
- 7,388 Community Members

### Referrals to medical services

- 15,981 Students
- 8,981 Families
- 3,676 Community Members

### Referrals to mental health services

- 11,117 Students
- 6,935 Families
- 1,802 Community Members

### Referrals to dental services

- 6,840 Students
- 4,712 Families
- 1,430 Community Members

Annually, **HEALTHY START** coordinates the donation, delivery and distribution of over 1,500 Thanksgiving dinners, 1,000s of Christmas meals and presents and Christmas trees. In addition, in 2013-2014 **HEALTHY START** assisted 2,765 uninsured students and family members apply for health insurance coverage.

## What is Healthy Start?

**Healthy Start** is designed to serve children, youth, their family members, and the community. The program provides comprehensive school-integrated services and activities to meet the desired results identified in the areas of academics, family support, basic needs, and physical and mental health care, and health insurance enrollment. By coordinating integrated service delivery through community partnerships, **Healthy Start** connects children and families to needed support and services designed to:

- Ensure that students receive the physical, emotional, and intellectual support needed.
- Build the capacity of students and parents to be participants, leaders, and decision makers in their communities.
- Help schools, other child, and family-serving agencies integrate their programs to provide more effective support to schools, children and their families.



## What Principals Are Saying About HEALTHY START...

"**HEALTHY START** has been an intrinsic part of Winnetka Elementary School for over 15 years. The program links students and their families to medical, dental and vision services for students, families and the community. The **HEALTHY START** program facilitates on-site mental health services, assistance with medical insurance enrollment, case management services, and provides at-risk families with basic needs (i.e., backpacks, shoes, food)."

—Annette Star, Principal, Winnetka EL

"**HEALTHY START** is our school's main link to resources in the community. It is a critical part of our school's support service team and provides a comprehensive level of services for our students and families."

—Dr. Helena Yoon-Fontamillas, Principal, Los Angeles SH

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**Principals are saying** *(continued from Page 1)*

“HEALTHY START is an invaluable and essential part of our school community. The on-going, sustained services and resources HEALTHY START provides to the families we serve set the program apart from others.”

—Principal Joanne Carrillo, Liechty MS

"HEALTHY START is an invaluable resource to both our school and our community."

—Tanya Stokes-Mack, Principal, Figueroa EL

“As a result of having HEALTHY START on our campus we are able to assist students with overcoming barriers and challenges that hinder them from achieving and reaching their full potential.”

—Janet Mack, Principal, South Gate MS

"HEALTHY START greatly benefits Narbonne High because it provides services and support to students who are often overlooked and neglected."

—Gerald Kobata, Principal, Narbonne SH

“HEALTHY START provides students with the support services needed to succeed socially and emotionally. Students gain the necessary confidence to positively interact with their peers and adults as a result of HEALTHY START.”

—Joy Naval, Principal, Shenandoah EL

If I had my way, every school would have a HEALTHY START Program. This position is vital to the success of every school, every community. There is no way we could do all of the programs we do to enrich the lives of our children if we did not have HEALTHY START.

—Marcia Sidney-Reed, Principal, 186th Street EL

“Our school's families have diverse and complex needs. Through HEALTHY START, our parents and other stakeholders are much more empowered to thrive in a busy, demanding world. I am grateful to HEALTHY START for this important work.”

—Brad Rumble, Principal, Esperanza EL

**Healthy Start Employee Honored for Going Above, Beyond**

● **Tushana Howard**, Student & Family Resources Navigator at Narbonne Senior High, was award the Heroes in Education Award by LAUSD Board President Dr. Richard Vladovic for, in part, “assist students and their families with locating resources they need to help them be successful in school.” In addition, the award noted her strong personal relationships often prevented potential problems because early assistance was sought.

● **Blanca Espinoza**, Healthy Start Wellness Coordinator for the Garfield/Roosevelt areas started a meal distribution program for 125 families a week at Eastman EL with the support of the Principal. In 2014-2015, the program, which is financially sponsored by the Southern Regional Food Bank, expanded to Hooper EL, another Healthy Start School. Annually, this means 37,500 meals are provided at each school during the school year for a total of 75,000 meals. LA Community Hospital provides nutrition education to parents receiving the support.